

ALTERED SCHEDULE 5/3/23

WELLNESS DAY ACTIVITIES

Actual Periods	Lunch Track 1	Lunch Track 2	Lunch Track 3
1 (25 min) 7:28-7:53	1	1	1
2 (25 min) 7:58-8:23	2	2	2
3 (25 min) 8:28-8:53	3	3	3
4 (25 min) 8:58-9:23	4	4	4
10 (25 min) 9:28-9:53	10	10	10
5L, 5/6 (25 min)	Lunch 5 9:58-10:23	Period 5/6 9:58-10:23	Period 5/6 9:58-10:23
6/7, 7L, 7/8	Period 6/7 10:28-10:53	Lunch 7 10:28-10:53	Period 7/8 10:28-10:53
8/9, 9L	Period 8/9 10:58-11:23	Period 8/9 10:58-11:23	Lunch 9 10:58-11:23
Advisory (5) 11:28-11:33	Advisory	Advisory	Advisory
Wellness Activities (3hrs) 11:40-2:40	Wellness Activities	Wellness Activities	Wellness Activities